

Attention Parents!!!!



**Do Not Miss This Amazing Interactive,
Educational, Informative, Fun Workshop
Presented By**

Pathstone Mental Health

- Is your child/youth experiencing stress and anxiety due to social media?
- Is your child/youth experiencing online bullying?
- Is your child/youth spending so much time on social media it is interfering with school and life?
- Is your child/youth accessing information that is potentially dangerous online?

**Would you like your child/youth to be able to use
Social Media for their benefit not harm?**

Expert *Chris Vollum on Social Media Fitness*

**Pathstone Mental Health,
Located within the Branscombe Mental
Health Centre**

**1338 Fourth Avenue St. Catharines
Tuesday November 14th @ 7:00pm**

RSVP: speakers@pathstone.ca or call 905 688 6850 x 100

Pathstone 
Mental Health

Compassionate · Innovative · Professional